

2022, Year in Review

Just One Life/ Nefesh Achat B'Yisrael

**2022 IN
REVIEW**



**2022 IN
REVIEW**



**400 New
Women/ Families
Helped**



Advanced Training

Advanced clinical training with Mrs. Lizzie Rubin, MSW with a focus on marriage and the pregnant and postpartum time period



נפש אחת בישראל
מרחב לנשים בהריון ואחרי לידה

2022 IN
REVIEW



K'nafayim

WINGS of HOPE

Partnership with K'nafayim

an organization that
provides support for
women experiencing
pregnancy loss and
stillbirth

**2022 IN
REVIEW**

Partnership with Wurzweiler School of Social Work

social work student field work placement,
training the next generation of social workers

Wurzweiler School of Social Work

WHERE PASSION MEETS PURPOSE

**2022 IN
REVIEW**



נפש אחת בישראל

מרחב לנשים בהריון ואחרי לידה



Advanced Training

Advanced clinical training with Dr. Bobbie Postmontier, the director of Thomas Jefferson University, School of Nursing on interpersonal psychotherapy (IPT)



Jefferson
Thomas Jefferson University
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Partnership with Yeshivat Ateret Hakohanim

gift pregnant and
postpartum women living
in the Ir David, Muslim
Quarters and Har
Hazeitim with a financial
subsidy to show our
support for their
dedication and courage

**2022 IN
REVIEW**



Sharei Zedek Medical Center

Continued Partnership
with Sharei Zedek
Medical Center



Professor Uri Shein A"h and Rabbi Marty Katz

**2022 IN
REVIEW**

Parenting Group

Establishing a parenting group to help new mothers learn how to raise their children in a physically and emotionally healthy way

2022 IN
REVIEW



נשים יקרותו

הנכן מוזמנות
לסדנה בת ארבעה מפגשים
בנושא: כלים מעשיים לאימהות מיטיבה
בהנחיית רחל ברדיס, מאמנת להורות מודעת

- מפגש ראשון - 8/1/23 - ט"ו טבת:
הכרות עם הכוחות והערכים שלי
- מפגש שני - 15/1/23 - כ"ב טבת:
מהו החזון שלך? בין הרצוי למצוי
- מפגש שלישי - 22/1/23 - כ"ט טבת:
מערכות יחסים בבית - אמא וילד/ה
- מפגש רביעי - 29/1/23 - ז' שבט:
ניהול זמן

ימי ראשון - 11:00-12:30
נפש אחת בישראל - קינג ג'ורג' 16, ירושלים
הרשמה מראש חובה!
/ 02-6254973

Partnership with Hevlei Kesher

An organization that
works with the
municipality to catch
maternal mental health
issues



**2022 IN
REVIEW**

Jerusalem Mental Health Expo

Participation in first annual Jerusalem Mental Health Expo, recognition as mental health service provider

2022 IN
REVIEW



THE FIRST ANNUAL JERUSALEM MENTAL HEALTH EXPO



**Bringing mental health awareness,
education, collaboration and
connection to the Anglos of Israel!**

FREE ENTRY FOR ALL WHO WISH TO JOIN!

**Panels of
experts
addressing
mental health
issues**

**Learn to
navigate
Israel's mental
health system**

**Meet with
professional
mental health
practitioners**

WWW.JERUSALEMMENTALHEALTHEXPO.COM/

MONDAY MAY 16, 2022 9:30AM-7PM

THE NEFESH B'NEFESH ALIYAH CAMPUS

10 SDEROT YITZCHAK RABIN, JERUSALEM

**קו לנוער
KAV L'NOAR**



RELIEF
EMOTIONAL WELL-BEING SUPPORT

Yeshiva University
WISCONSIN SCHOOL OF SOCIAL WORK

**Nefesh
B'Nefesh**



MACHON DVIR
THE DVIR INSTITUTE FOR BEHAVIORAL HEALTH



SAMIS

כללית

With gratitude to the Samis Foundation for their seed funding of this event
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Looking forward to 2023.....

